



OCTOBER - 2023

HOOKS HIGH & JUNIOR HIGH SCHOOL – LUNCH MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Sloppy Joe Sandwich Turkey/Cheese on Bun Ranch Beans Garden Salad/Ranch Chilled Fruit *Choice of Milk	3 Chicken Chunks Steak Fingers Mashed Potatoes Green Beans Roll/Gravy Chilled Fruit *Choice of Milk	4 Fish Sticks/Roll BBQ Pork Sandwich Pinto Beans Oven Fries Chilled Fruit *Choice of Milk	5 Taco Soup/Cornbread Corn Dog Garden Salad/Ranch Tator Tots Chilled Fruit *Choice of Milk	6 Smuckers PB&J Grilled Cheese Veggie Cup/Ranch Baked Chips Chilled Fruit *Choice of Milk
9 STUDENT HOLIDAY	10 Spaghetti/Meat Sauce Chicken & Spaghetti Purple Hull Peas Glazed Carrots Garlic Bread Chilled Fruit *Choice of Milk	11 BBQ Pork on Bun Hamburger/Cheese Burger Fixings Baked Chips Baked Beans Chilled Fruit *Choice of Milk	12 Sloppy Joe Sandwich Turkey & Cheese/Bun Mexican Beans Tator Tots Chilled Fruit *Choice of Milk	13 Pepperoni Pizza Grilled Cheese Baby Carrots/Ranch Sweet Corn Something Sweet 😊 Chilled Fruit *Choice of Milk
16 Chicken Crisпитos Beef/Bean Burrito Cheese Sauce/Salsa Spanish Rice Refried Beans Garden Salad/Ranch Chilled Fruit *Choice of Milk	17 Orange Chicken Meatballs/Brown Gravy Steamed Rice California Blend Blackeyed Peas Whole Wheat Roll Chilled Fruit *Choice of Milk	18 Steak Fingers Chicken Nuggets Mashed Potatoes Green Beans Country Gravy/Roll Chilled Fruit *Choice of Milk	19 Beef Goulash Chicken Alfredo Sweet Peas Glazed Carrots Garlic Bread Sticks Chilled Fruit *Choice of Milk	20 Breaded Fish Sticks/Roll BBQ Pork Sandwich Oven Fries Pinto Beans Something Sweet! Chilled Fruit *Choice of Milk
23 Breaded Chicken Legs Meatloaf Mashed Potatoes Wheat Roll/Gravy Green Beans Chilled Fruit *Choice of Milk	24 Pork Tamales Bean & Beef Burritos Cheese Sauce/Salsa Spanish Rice Garden Salad/Ranch Refried Beans Chilled Fruit *Choice of Milk	25 Sloppy Joe Sandwich Corn Dog Potato Smiles Ranch Beans Chilled Fruit *Choice of Milk	26 Orange Chicken/Rice Salisbury Steak Steamed Broccoli Purple Hull Peas Chilled Fruit *Choice of Milk	27 Hamburger/Cheese Chicken Sandwich Sandwich Fixings Baked Chips Baked Beans Something Sweet 😊 Chilled Fruit *Choice of Milk
30 BBQ Pork Sandwich Turkey/Cheese on Bun Curly Fries Baked Beans Chilled Fruit *Choice of Milk	31 Chicken Spaghetti Spaghetti/Meat Balls Garden Salad/Ranch Sweet Corn Garlic Toast Chilled Fruit *Choice of Milk	MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!	MILK SERVED: 1% White 1% Chocolate Other 1% Flavored Milk When Available	

This institution is an equal opportunity provider.