



NOVEMBER - 2023

HOOKS HIGH & JUNIOR HIGH SCHOOL – BREAKFAST MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!	*Milk Choice: 1% White 1% Chocolate 1% Other Flavored As Available!	1 Cereal/G. Crackers Breakfast Pizza Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	2 Cereal/String Cheese Breakfast Sandwich Mixed Jelly/Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	3 Cereal/Toast/Jelly Biscuit/Egg Pattie Sausage Gravy Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
6 Cereal/Toast/Jelly Pancake on a Stick Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	7 Cereal/Buttered Toast Biscuit/Jelly Sausage Gravy Egg Pattie Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	8 Cereal/Buttered Toast French Toast Sticks Sausage/Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	9 Cereal/Buttered Toast Creamy Oatmeal Cinnamon Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	10 Cereal/Cheese Stick Pancakes/Syrup Sausage Links Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
13 Cereal/Toast Eggstravaganza Hash Brown Pattie Biscuit/Jelly Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	14 Cereal/Toast Jalapeno Kolache Cheese Stick Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	15 Cereal/Toast Cheese Omelet Biscuit – Gravy Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	16 Cereal/G. Cracker Mini Waffles/Syrup Sausage Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	17 Cereal/Toast Breakfast Pizza Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
20 THANKSGIVING HOLIDAY	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY	23 THANKSGIVING HOLIDAY	24 THANKSGIVING HOLIDAY
27 Cereal/G. Crackers Pancake on a Stick Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	28 Cereal/Buttered Toast Biscuit/Sausage Peppered Gravy Egg Pattie Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	29 Cereal/Cheese Stick Creamy Oatmeal Cinnamon Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	30 Cereal/Toast/Jelly Glazed Donut Holes Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	

This institution is an equal opportunity provider.